

## **english summary**

A result of the modern way of live is that older people often have problems with their prostate. In addition the urology has invented new identification methods.

In the summer of 2005 my family doctor made a medical "check". Everything was fine except the so called prostate level which was rather high. This was nothing new for me.

I was sent to the urologist Dr. Tomamichel in Rapperswil. He made a Biopsy. The diagnostic brought four cell analysis with positive results. The histologic analysis resulted a virulent carcinoma.

What should I do? The conventional way of surgery it is presently the opening of the abdominal wall and the removal of the prostate. Alternativ ways are irradiations or antroposphic methods of mistletoe preparations.

On the television I had heard about a gentle surgery technology which is called "Da Vinci". My family doctor recommended it to me. A "Da Vinci Surgery roboter" is located in the University hospital of Zurich and has been of use several times.

New is that one of those computers is located as well in the Hirslanden hospital. Dr. John and Dr. Fehr work there in urology. I made an appointment with Dr. John who persuaded me quickly.

The surgery was scheduled for November 10, 2005. Dr. John told me that the operated patients would be released after five days. There had only been little complications by over 200 surgeries.

On wednesday afternoon, November 9, 2005 I arrived at the Hirslanden hospital. Dr. John went to see me at night. He had been at a meeting the whole day. It was scheduled that I would be operated the next morning.

At noon of the following day the anaesthetist told me, that the surgery was postponed to saturday morning. A surgery that they did this thursday morning had been longer than expected. I could have gone home again but preferred to stay a day in the hospital "as a visitor".

The surgery took place on Saturday at 8:00. I woke up in the afternoon with a good constitution.

Suddenly the nurse noticed that I was bleeding. Dr. John came immediately and arranged an urgent surgery. He was obliged to open the abdominal wall in the conventional way in order to stanch the blood.

On sunday afternoon it came to an additional urgent surgery, because the bleeding had not stopped. On monday afternoon I woke up after 22 hours artificial coma.

In total I had three surgeries and received a lot of foreign blood, altogether 12 blood conserves (app. 3 liter of blood). It had not been at all a gentle method with little loss of blood. I had heavy nightmares during this artificial coma and a malaysian nurse interpreted it as " visit in the empire of shadows". I remained until Thursday, November 17, 2005 (in total 5 days) with

artificial respiration in intensive care. After that I was brought back to my single room where I still received oxygen assistance.

A few days later my body temperature increased for some hours up to 38.4 Degrees Celsius. I received infusions and ice packings. My condition stabilized. Apparently I had an infection and a mixture of blood flew off over a drainage during a couple of days.

On the 22nd day at the hospital - Thursday, December 1, 2005- I could go home. I had lost 8 kilos and since then I still suffer sight problems and breath shortness.

Conclusion:

Dr. John saved my live. Additional advises to the procedure, to the surgeon and the patient will not be done within this text. Long-term consequences would however be of interest. I will - no choice- already notice it when my insurance premium raises.

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Leonardo da Vinci

Painter and sculptor from Florence (1452-1519)